



LUNCH



The Social is proud to be a local-first restaurant and a member of the Vermont Fresh Network.

We work with many Vermont farms and producers that grow and make great food.

Some of our partners include 802 Coffee, Back Beyond Farm, Cabot, Jasper Hill, LedgeEnd Farm, Misty Knoll, Klinger's, Bar Hill, & Montpelier Vineyards.

*Please Let Servers Know of any Allergies. **V** = Vegan **GF** = Gluten-Free **K** = Keto **DF** = Dairy-Free*

BITES & APPS

HOUSE QUESO

Colby Jack, Green Chilies & Spices (mild)...7.5

Gf

BAVARIAN PRETZEL

Served with Maple Dijon Mustard...\$8.5 ~ *Add House*

Queso...\$2.5 ~

V Gf

WAFFLE FRIES

Russet Potato or Sweet Potato...\$5

BACON-WRAPPED DATES

Dates stuffed with Goat Cheese & wrapped in Bacon...\$7.5

Gf

HERBED POLENTA STICKS

Sautéed for a crispy exterior, served with our House Aioli...\$7.5

Gf

SPINACH ARTICHOKE DIP

Marinated Artichokes, Spinach, Parmesan & Spices...9.5

Gf

SMOKED CARROT DIP

Roasted Carrots, Lemon, Spices...\$6.75

V Gf

For our Dips: ~ Choose from Tortilla Chips, Pita Bread, or Veggie Sticks. ~ Sub for Almond Crackers (Gluten-Free, Vegan, & Dairy Free)...\$1 ~

BLACKENED SHRIMP

Cajun-Style with Cilantro-Cream Sauce...\$10.5

Gf ● Df

MEAT & CHEESE BOARD

Pick two Cheeses (**Jasper Hill Alpha Tolman, Jasper Hill Bayley Hazen Blue, Aged Cheddar, Brie, Manchego, Smoked Gouda**), Prosciutto, Salami, Cornichons, Maple Pecans, Crisps, & Seasonal Jam...\$22 ~ *Add additional Cheeses, each...\$4 ~ Make it just a Cheese Board with 3 Cheeses...\$19 ~ Replace Crisps with Almond Crackers or Veggie Sticks...\$1 ~*

SALADS

HOUSE SALAD

Mixed Baby Greens, Cucumbers, Blistered Cherry Tomatoes, Radish, Roasted Pepitas...\$8.5...Side Salad portion...\$5

V Gf ● Df

STRAWBERRY MINT AVOCADO SALAD

Mixed Baby Greens, Avocado, Strawberries, Mint, Onions, Chèvre, & Candied Walnuts...\$13...Side Salad portion...\$7

GRILLED CAESAR SALAD

Grilled Romaine, Blistered Tomatoes, Garlic Croutons, Grated Parmesan...\$10...Side Salad portion...\$6

V ● Df

Dressings: Apple-Cider Dijon, Caesar, Ginger-Peanut, Italian, Blue Cheese, Ranch, Balsamic.
~ *Add Ham, Turkey, or Salami (full salad portion only)...\$2*
~ *Add Roasted Chicken (full salad portion only)...\$4*
~ *Add Salmon (full salad portion only)...\$6 ~*

SOUPS

GARLICKY TOMATO

An uplifted Tomato soup served with or without Croutons...cup...\$5...bowl...\$8

Gf

LEMONY MUSHROOM ORZO

A Lemony, Vegetable soup full of Umami flavor with Mushrooms & Orzo...cup...\$6...bowl...\$9.5

~Add Crostini, a slice of White or Whole Wheat bread...\$1...a slice of Gluten-Free bread...\$1.25~

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SMASHBURGERS

THE SOCIAL SMASHBURGER

House Sauce, American & Cheddar Cheese, Greens...\$9.5

BACON-BBQ SMASHBURGER

House BBQ Sauce, Caramelized Onions, Bacon, Cheddar Cheese...\$10.5

CUSTOM SMASHBURGER

Pick up to three toppings, a cheese, and choice of sauce...\$10.5

Toppings: Mixed Greens, Arugula, Tomato, Pickles, Yellow Onions, Caramelized Onions, Bacon (+\$1) Avocado (+\$1.5)

Cheeses: American, Cheddar, Swiss, Provolone

Sauces: House Sauce, House BBQ, House Russian Dressing, Garlic Aioli, Ketchup, Yellow Mustard, Honey Mustard

~ Add Waffle Fries...\$3.25 Add Sweet Potato Waffle Fries...\$3.5 Add Kettle Chips...\$2 ~

~ Add a side House Salad...\$3.25 Add a side Grilled Caesar Salad...\$4 ~

~Make it a Double Smashburger...\$3~

~Make it an Impossible Burger...\$3~

SANDWICHES

Our sandwiches come toasted on Sub Rolls or White bread. ~ Replace for Honey Wheat bread...free ~ Replace for Gluten-Free bread...\$1 ~

SINGLE MEAT

Choose from Ham, Smoked Turkey, Bacon, or Genoa Salami, with Arugula, Tomatoes, Provolone, Mayo...\$8.5 ~ Sub Mayo for Red Wine Vinegar...free ~

CAPRESE

Fresh Mozzarella, Tomatoes, Fresh Basil, Arugula, Balsamic Vinaigrette...\$9

GRILLED CHEESE

Cheddar, American, Caramelized Onions...\$8.75 ~ Add Ham...\$1 ~

HAM & BRIE

Depending on your mood, go tangy with Dijon Mustard or sweet with Blackberry Jam or sliced Apples...\$8.75

ITALIAN

Genoa Salami, Ham, Provolone, Arugula, Tomatoes, Red Wine Vinegar, Oregano...\$9.75

THE SOCIAL CLUB

Featuring Smoked Turkey, Bacon, Cucumbers, Arugula, Mayo, and a touch of Ranch...\$9.75

TURKEY REUBEN

Smoked Turkey, Sauerkraut, Swiss Cheese & House-made Russian Dressing...\$10.75

CHICKEN PESTO

Our slow-roasted Chicken with Basil Pesto, Tomato, Mozzarella Cheese, Arugula...\$10.25

CHICKEN BACON RANCH

Our slow-roasted Chicken with Bacon, Ranch, Provolone, Tomatoes, Arugula...\$11.25

~ Add a cup of Soup...\$4.5 Add a side House Salad...\$3.25

Add Waffle Fries...\$3.25 Add Sweet Potato Waffle Fries...\$3.5 Add Kettle Chips...\$2 ~

MAC'N'CHEESES

TRUFFLED OR NOT MAC'N'CHEESE

Three Cheeses, Panko Breadcrumbs, & the choice: To Truffle, or not to Truffle. A side for one...\$6.5

ROASTED CHICKEN MAC

Our Three-Cheese Mac with our Slow-Roasted Chicken & Panko Breadcrumbs. Make it interesting with an optional drizzle of our House BBQ Sauce...\$7.5

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