



BREAKFAST

SWEET

DUTCH BABIES

Delicious cross of a pancake & crepe. Served with Maple Syrup & Powdered Sugar...\$8 ~ *Add Fresh Blueberries or Strawberries...\$2 ~*

HONEY-OAT PANCAKES

Our take on Flapjacks made with local Honey and Oat Milk. Served with Maple Syrup or Honey...\$8 ~ *Add Fresh Blueberries or Strawberries...\$2 ~*



DOUBLE CARAMELIZED FRENCH TOAST

Thick-Cut Challah Bread rolled in a rich batter and caramelized on both sides. Served with Maple Syrup & powdered Sugar...\$8.75 ~ *Add Fresh Blueberries or Strawberries...\$2 ~*

GLUTEN-FREE PANCAKES

Gluten-Free batter (rice, potato and almond flour). Served with Maple Syrup or Honey...\$10.25 ~ *Add Fresh Blueberries or Strawberries...\$2 ~*



MAPLE GRANOLA BOWL

House-made, with Almonds, Walnuts & natural sweeteners (no refined sugars). Served with Maple Syrup, Honey, or Monk Fruit Syrup, & Milk, Almond Milk, or Oat Milk...\$7 ~ *Add Fresh Blueberries or Strawberries...\$2 ~*



SAVORY

EVERYTHING AVOCADO TOAST

Our Simple Avocado Toast, with Cream Cheese & Everything Bagel seasoning. Who needs bagels?...\$11 ~ *Substitute for Gluten-Free Toast...\$0.75 ~*



HUNGER MOUNTAIN QUICHE

House-made rustic Quiche with Ham, Sausage, Bacon, Green & Red Peppers, Tomatoes, Onions, & Cheddar. Served with a side of Homefries or Mixed Fruit...\$10

BACON PESTO BENEDICT

A twist with thick-cut Bacon, Pesto, Poached Egg, & Arugula on an English Muffin. Served with Homefries or Mixed Fruit...\$10.25 ~ *Substitute English Muffin for Vegan or Gluten-Free Bread...\$0.75 ~ Add Hollandaise Sauce...\$0.50 ~*



A SUPERIOR EGG SANDWICH

An English Muffin with Egg, sliced Cheddar, Arugula, & Garlic Aioli...\$7...With Sausage or Bacon...\$8 ~ *Substitute English Muffin for Gluten-Free Bread...\$0.75 ~ Add Homefries...\$1.5*



CAPRESE BENEDICT

Take a beautiful medallion of Fresh Mozzarella, add Tomato, Basil, and top with our house-made Hollandaise Sauce. Served with Homefries or Mixed Fruit...\$11.25 ~ *Substitute English Muffin for Vegan or Gluten-Free Bread...\$0.75 ~*



EGGS BENEDICT

A classic, refined with our house-made Hollandaise Sauce, thick-cut Canadian Bacon, Poached Egg, & Arugula on an English Muffin. Served with Homefries or Mixed Fruit...\$10.25 ~ *Substitute English Muffin for Vegan or Gluten-Free Bread...\$0.75 ~*



ALMOST CLASSIC COMBO

Two Eggs cooked to order with Bacon, Vermont Maple Sausage, Canadian Bacon, or Vegan Sausage. Then pick two of the following items: Homefries, Pancakes (Dutch Babies, Honey-Oat, Gluten-Free), Mixed Fruit, or Toast (White, Honey Wheat, Gluten-Free)...\$13 ~ *Sub Toast with English Muffin...\$0.75 ~*



The Social is proud to be a local-first restaurant and a member of the Vermont Fresh Network. We work with many Vermont farms and producers that grow and make great food. Some of our partners include 802 Coffee, Back Beyond Farm, Cabot, Jasper Hill, Ledge End Farm, Misty Knoll, Klinger's, Bar Hill, & Montpelier Vineyards.

V = Vegan Gf = Gluten-Free K = Keto Df = Dairy-Free

KID'S MENU

BATTER UP!

Choose one from the following: One Piece Double Caramelized French Toast, Three Dutch Babies, Two Honey-Oat Pancakes, or Two Gluten-Free Pancakes...\$5

BATTER UP COMBO!

One Egg cooked Your Way, One Piece of Bacon or a Maple Sausage Link, & Choose from the following: One Piece Double Caramelized French Toast, Three Dutch Babies, Two Honey-Oat Pancakes, or Two Gluten-Free Pancakes...\$6.25

GOLDEN MENU - FOR THOSE 60+

DUTCH BABIES

Three of our Dutch Babies with Maple Syrup...\$4.25

HONEY-OAT OR GLUTEN-FREE PANCAKES

Two Pancakes...\$5.25

Or

DOUBLE CARAMELIZED FRENCH TOAST

One slice of our Thick-Cut Challah Bread rolled in a rich batter and caramelized on both sides. Served with Maple Syrup & powdered Sugar...\$5.25 ~ *Add Fresh Blueberries or Strawberries...\$2 ~*

EVERYTHING AVOCADO TOAST

One slice of Toast with Mashed Avocado, Cream Cheese, & Everything Bagel Seasoning...\$6.5 ~ *Substitute White Toast for Gluten-Free Toast...\$0.50 ~*

V Gf Df

SMALLER CLASSIC COMBO

One Egg plus your choice of Bacon, Vermont Maple Sausage Link, Canadian Bacon, & your choice of Homefries or Mixed Fruit...\$7.5

Gf ● Df

HUNGER MOUNTAIN QUICHE

A smaller portion of our House-made quiche with Homefries or Fruit...\$6.25

EGG BENEDICT

½ English Muffin with Canadian Bacon, Arugula, Poached Egg & Hollandaise Sauce. Served with Homefries...\$6.25 ~ *Substitute English Muffin for Vegan or Gluten-Free Bread...\$0.50 ~*

Gf

SIDES

EGG

One Egg any way you like it...\$1.5...Two Eggs...\$2.5

Gf ● Df

ADD SOME MEAT

Thick-Cut Bacon, Vermont Maple Sausage Links, or Canadian Bacon...\$2.75...Vegan Sausage Patties...\$4

Gf ● Df

TOAST

One Slice with With Butter & Jam. White or Honey Wheat...\$1.75 ~ *Make it Gluten-Free Bread or an English Muffin...\$0.50 ~*

V Gf Df

MIXED FRUIT

Seasonal array of sliced fruit...\$3.5

V Gf ● Df

DRINKS

FRENCH PRESSED COFFEE

Featuring local 802 Coffee: House Blend or Decaf...\$3 ~ *Swap Milk or Cream with Almond Milk or Oat Milk...\$5 ~*

ICED COFFEE

Glass of Iced Coffee, brewed in-house...\$3 ~ *Swap Milk or Cream with Almond Milk or Oat Milk...\$5~*

HOT TEA

A cup of loose leaf English Breakfast, Earl Gray, Green, White or Jasmine...\$2.5

ICED TEA

A cup of our Iced Tea (Black), brewed in-house...\$2.5

MILK & "MILK"

Whole Milk or Chocolate Milk...\$2.5...Almond Milk or Oat Milk...\$3

ICED CHAI LATTE

Glass of Iced Chai Latte, sweet and spicy...\$3 ~ *Swap Milk with Almond Milk or Oat Milk...\$5~*

ORANGE JUICE, GRAPEFRUIT JUICE, APPLE JUICE, OR PINK LEMONADE

...\$3

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