



BRUNCH

BATTERS

DUTCH BABIES

Delicious cross of a pancake & crepe. Served with Maple Syrup & Powdered Sugar...\$7.5 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Nutella & Strawberries...\$2.5 ~ Add Lemon Ricotta Cream & Blueberries...\$2.5 ~*

DOUBLE CARAMELIZED FRENCH TOAST

Thick-Cut Challah Bread rolled in a rich batter and caramelized on both sides. Served with Maple Syrup & Powdered Sugar...\$8.5 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Lemon Ricotta Cream & Blueberries...\$2.5 ~*

KETO PANCAKES

Keto batter (tigernut flour as main base, low carb). Served with Monk Fruit Syrup...\$10 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Blueberry Compote (no sugar)...\$2 ~*



BELGIAN PEARL SUGAR WAFFLES

Take already decadent yeast-risen batter and add spheres of sugar that explode and caramelize during the baking process. Served with Maple Syrup & Powdered Sugar...\$8.5 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Nutella & Strawberries...\$2.5 ~*

GLUTEN-FREE PANCAKES

Gluten-Free batter (rice, potato and almond flour). Served with Maple Syrup or Honey...\$10 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Blueberry Compote (no sugar)...\$2 ~*



VEGAN PANCAKES

Vegan batter (egg and dairy-free). Served with Maple Syrup or Honey...\$10 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Blueberry Compote (no sugar)...\$2 ~*



BOWLS

MAPLE GRANOLA BOWL

House-made, with Almonds, Walnuts & natural sweeteners (no refined sugars). Served with Maple Syrup, Honey, Brown Sugar, or Monk Fruit Syrup, & Skim Milk, Whole Milk, Almond Milk, or Oat Milk...\$6 ~ *Add Fresh Blueberries or Strawberries...\$2 ~*



GREEK YOGURT BOWL

Thick Greek Yogurt, Pumpkin Seeds, Bananas, & Honey...\$7 ~ *Add Maple Syrup or Peanut Butter...\$1 ~ Add Maple Granola or Almond Butter...\$1.5 ~ Add Fresh Strawberries or Blueberries...\$2 ~*



HUNGER MOUNTAIN BOWL

Base of Homefries topped with Ham, Sausage, Bacon, Green & Red Peppers, Onions, & Cheddar...\$8 ~ *Throw an Egg on Top...\$1~*

Much of our menu is diet / health requirement friendly. Items are designated with symbols. Some items automatically meet requirements, for others read the green addition / substitution text. **V** = Vegan **Gf** = Gluten-Free **K** = Keto **Df** = Dairy-Free

PLATTERS

ALMOST CLASSIC COMBO

Two Eggs cooked to order with Bacon, Sausage, or Canadian Bacon. Then pick two of the following items: Homefries, Pancakes (Dutch Babies default, or pick from any of our pancake styles), Mixed Fruit, or Toast (White, Honey Wheat, Gluten-Free, Keto)...\$12 ~ *Sub Toast with English Muffin...\$0.50 ~*

Gf ● Df

CONTEMPORARY COMBO

Truffled Eggs with Fresh Prosciutto and a medley of Blistered Tomatoes, Spinach & Mushrooms. Then pick two of the following items: Homefries, Pancakes (Dutch Babies default, or pick from any of our pancake styles), Mixed Fruit, or Toast (White, Honey Wheat, Gluten-Free or Keto)...\$14 ~ *Sub Toast*

with English Muffin...\$0.50 ~

Gf Df

VEGAN COMBO

Beyond Meat Sausage Patty and Sliced Avocado. Then pick two of the following items: Homefries, two Vegan Pancakes, Mixed Fruit, or Toast (Vegan)...\$14

V Df

STEAK & EGGS

A power breakfast with eggs your way and our aged Sirloin Steak. Then pick two of the following items: Homefries, Pancakes (Dutch Babies default, or pick from any of our pancake styles), Mixed Fruit, or Toast (White, Honey Wheat, Gluten-Free or Keto)...\$16 ~ *Sub Toast with English Muffin...\$0.50 ~*

Gf ● Df

QUICHES

UMAMI (VEGGIE) QUICHE

House-made rustic Quiche with Mushrooms, Red Peppers, Green Peppers, Mushrooms, Caramelized Onions, Spinach, Blistered Tomatoes & Cheddar. Served with a side of Homefries or Mixed Fruit...\$11

CHEVRE QUICHE

House-made rustic Quiche crust with Goat Cheese (Chevre), Roasted Red Peppers, & Broccolini. Served with a side of Homefries or Mixed Fruit...\$11

SMOKED GOUDA & HERB QUICHE

House-made rustic Quiche with Italian Herbs, Smoked Gouda, Red Peppers, Green Peppers, Onion, Mushrooms, & Cheddar. Served with a side of Homefries or Mixed Fruit...\$11

HUNGER MOUNTAIN QUICHE

House-made rustic Quiche with Ham, Sausage, Bacon, Green & Red Peppers, Tomatoes, Onions, & Cheddar. Served with a side of Homefries or Mixed Fruit...\$11

SPINACH & ARTICHOKE QUICHE

House-made rustic Quiche with Spinach, Artichoke, Onions, & Garlic. Served with a side of Homefries or Mixed Fruit...\$11

BENEDICTS

EGGS BENEDICT

A classic, refined with our house-made Hollandaise Sauce, thick-cut Canadian Bacon, Poached Egg, & Arugula on an English Muffin. Served with Homefries or Mixed Fruit...\$10 ~ *Substitute English Muffin for Vegan, Gluten-Free, or Keto Bread...\$0.50 ~ Substitute Egg for Sliced Avocado...free ~*

Gf ●

BACON PESTO BENEDICT

A twist with thick-cut Bacon, Pesto Sauce, Poached Egg, & Arugula on an English Muffin. Served with Homefries or Mixed Fruit...\$10 ~ *Substitute English Muffin for Vegan, Gluten-Free, or Keto Bread...\$0.50 ~ Add Hollandaise Sauce with the Pesto Sauce...\$0.50 ~*

Gf ●

CAPRESE BENEDICT

Take a beautiful medallion of Fresh Mozzarella, add Tomato, Basil, and top with our house-made Hollandaise Sauce. Served with Homefries or Mixed Fruit...\$11 ~ *Substitute English Muffin for Vegan, Gluten-Free, or Keto Bread...\$0.50 ~ Substitute Hollandaise with Avocado Hollandaise...\$1 ~*

Gf ●

Much of our menu is diet / health requirement friendly. Items are designated with symbols. Some items automatically meet requirements, for others read the green addition / substitution text. V = Vegan Gf = Gluten-Free ● = Keto Df = Dairy-Free

TOASTS

SIMPLE AVOCADO TOAST

Two pieces of Toast with Mashed Avocado, Lemon, Sea Salt, & a dash of Smoked Paprika...\$8 ~ *Substitute White Toast for Honey Wheat, Vegan, Gluten-Free, or Keto Toast...\$1 ~*

V Gf K Df

GARAM MASALA & EGG AVOCADO TOAST

Our Simple Avocado Toast, with Poached Egg & Garam Masala...\$9 ~ *Substitute White Toast for Honey Wheat, Vegan, Gluten-Free, or Keto Toast...\$0.50 ~*

Gf K Df

EVERYTHING AVOCADO TOAST

Our Simple Avocado Toast, with Cream Cheese & Everything Bagel seasoning. Who needs bagels?...\$9 ~ *Substitute White Toast for Honey Wheat, Vegan, Gluten-Free, or Keto Toast...\$0.50...\$1 ~*

Gf K

LOXXY

Smoked Salmon, Cream Cheese, Capers, Red Onions, Arugula on an English Muffin...\$12 ~ *Max it out with some Everything Bagel Seasoning...free ~ Substitute English Muffin for Gluten-Free or Keto Bread...\$1 ~*

Gf K

BRUSCHETTA AVOCADO TOAST

Our Simple Avocado Toast, with blistered Cherry Tomatoes, Basil and a drizzle of Balsamic Vinegar...\$9.5 ~ *Substitute White Toast for Honey Wheat, Vegan, Gluten-Free, or Keto Toast...\$0.50 ~*

V Gf K

SOUPS

GAZPACHO

A Tomato & Cucumber soup, served cold for those hot days...cup...\$5...bowl...\$8

V Gf Df

CHORIZO & WHITE BEAN

Surprisingly complex...cup...\$5...bowl...\$8

Gf Df

CORN CHOWDER

Southwest-style Corn Chowder, Cream-based with plenty of vegetables...cup...\$5...bowl...\$8

V Gf Df

CRAB BISQUE

A delicate cream-based soup with large Lump Crab...cup...\$6...bowl...\$10

Gf K

Add a square of Focaccia, a slice of White or Whole Wheat Bread...\$.75...a slice of Vegan, Gluten-Free, or Keto Bread...\$1

SANDWICHES

GRILLED CHEESE

Cheddar, Smoked Gouda, Caramelized Onions...\$8.5

V Gf K

CAPRESE

Fresh Mozzarella, Tomatoes, Fresh Basil, Arugula, Balsamic Vinaigrette...\$8.5

V Gf K

HAM & BRIE

Depending on your mood, go tangy with Dijon Mustard or sweet with Blackberry Jam or sliced Apples...\$8.5

Gf

CHICKEN PESTO

Our slow-roasted chicken with Basil Pesto, Tomato, Mozzarella Cheese, Arugula...\$10

Gf K Df

Add Kettle Potato Chips...\$1.5

V Gf Df

Add a ½ portion of soup to a sandwich...\$4.5

Much of our menu is diet / health requirement friendly. Items are designated with symbols. Some items automatically meet requirements, for others read the green addition / substitution text. V = Vegan Gf = Gluten-Free K = Keto Df = Dairy-Free

SIDES

DUTCH BABIES

Side of Dutch Babies, served with Maple Syrup...\$4

VEGAN, KETO, OR GLUTEN-FREE PANCAKES

Two Pancakes, served with choice of Honey, Maple Syrup, or Monk Fruit Syrup...\$5

V Gf K Df

ADD SOME MEAT!

Thick-Cut Bacon, Breakfast Sausage (Links or Patty), Chorizo, or Canadian Bacon...\$2.5

Gf K Df

BEYOND MEAT

Beyond Meat Sausage Patty...\$3

V Gf Df

AVOCADO

Half Avocado, sliced...\$2

V Gf K Df

HOMEFRIES

A portion of our house-made Homefries...\$3

V Gf

MIXED FRUIT

Blueberries, Strawberries & Grapes...\$4
~ Swap Grapes for more Berries...free ~

V Gf K Df

EGG

One Egg any way you like it...\$1.5...Two Eggs...\$2.5

V Gf K Df

MAPLE GRANOLA

House-made Maple Granola with Milk...\$4 ~ Almond Milk or Oat Milk...\$1

~

V Gf Df

TOAST

One Slice with With Butter. White or Honey Wheat...\$1.5...Two Slices...\$2.5 ~
Make it Gluten-Free, Vegan, or or Keto bread...\$1 ~ Add some delicious Jam...\$1

~

V Gf K Df

ENGLISH MUFFIN

With Butter...\$2.5 ~ Add some delicious Jam...\$1 ~

GREEK YOGURT

Served with some Honey on the side...\$3
~ Add blueberries...\$1 ~

V Gf K

CEREAL

Cheerios, Honey Nut Cheerios, Frosted Flakes, Raisin Bran...\$3 ~ Almond Milk or Oat Milk...\$1 ~

V Gf K Df

DRINKS

FRENCH PRESSED COFFEE

A cup of our French Pressed Coffee, House Blend or Decaf...\$2.5
~ Swap Milk or Cream with Almond Milk or Oat Milk...\$.50 ~

V Gf K Df

ICED COFFEE

Glass of Iced Coffee, brewed in-house...\$2.5 ~ Swap Milk or Cream with Almond Milk or Oat Milk...\$.50~

V Gf K Df

ICED CHAI LATTE

Glass of Chai Latte, sweet and spicy...\$2.5 ~ Swap Milk with Almond Milk or Oat Milk...\$.50~

V Gf

ORANGE JUICE, GRAPEFRUIT JUICE, OR APPLE JUICE

...\$3

V Gf Df

HOT TEA

A cup of loose leaf English Breakfast, Earl Gray, Green, White or Jasmine...\$2.5

V Gf K Df

ICED TEA

A cup of our Iced Tea (Black), brewed in-house...\$2.5

V Gf K Df

MILK & "MILK"

Skim Milk or Whole Milk...\$2.5...Almond Milk or Oat Milk...\$3

Gf

Much of our menu is diet / health requirement friendly. Items are designated with symbols. Some items automatically meet requirements, for others read the green addition / substitution text. V = Vegan Gf = Gluten-Free K = Keto Df = Dairy-Free