



# BREAKFAST

## BETTER BATTERS

### DUTCH BABIES

Delicious cross of a pancake & crepe. Served with Maple Syrup & Powdered Sugar...\$7.5 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Nutella & Strawberries...\$2.5 ~ Add Lemon Ricotta Cream & Blueberries...\$2.5 ~*

### GLUTEN-FREE PANCAKES

Gluten-Free batter (rice, potato and almond flour). Served with Maple Syrup or Honey...\$10 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Blueberry Compote (no sugar)...\$2 ~*

Gf Df

### BELGIAN PEARL SUGAR WAFFLES

Take already decadent yeast-risen batter and add spheres of sugar that explode and caramelize during the baking process. Served with Maple Syrup & Powdered Sugar...\$8.5 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Nutella & Strawberries...\$2.5 ~*

### VEGAN PANCAKES

Vegan batter (egg and dairy-free). Served with Maple Syrup or Honey...\$10 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Blueberry Compote (no sugar)...\$2 ~*

V Df

### DOUBLE CARAMELIZED FRENCH TOAST

Thick-Cut Challah Bread rolled in a rich batter and caramelized on both sides. Served with Maple Syrup & Powdered Sugar...\$8.5 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Lemon Ricotta Cream & Blueberries...\$2.5 ~*

### KETO PANCAKES

Keto batter (tigernut flour as main base, low carb). Served with Monk Fruit Syrup...\$10 ~ *Add Fresh Blueberries or Strawberries...\$2 ~ Add Blueberry Compote (no sugar)...\$2 ~*

K Df

## BOWLS

### MAPLE GRANOLA BOWL

House-made, with Almonds, Walnuts & natural sweeteners (no refined sugars). Served with Maple Syrup, Honey, Brown Sugar, or Monk Fruit Syrup, & Skim Milk, Whole Milk, Almond Milk, or Oat Milk...\$6 ~ *Add Fresh Blueberries or Strawberries...\$2 ~*

Gf Df

### GREEK YOGURT BOWL

Thick Greek Yogurt, Pumpkin Seeds, Bananas, & Honey...\$7 ~ *Add Maple Syrup or Peanut Butter...\$1 ~ Add Maple Granola or Almond Butter...\$1.5 ~ Add Fresh Strawberries or Blueberries...\$2*

K

### HUNGER MOUNTAIN BOWL

Base of Homefries topped with Ham, Sausage, Bacon, Green & Red Peppers, Onions, & Cheddar...\$8 ~ *Throw an Egg on Top...\$1~*

## BENEDICT ME

### EGGS BENEDICT

A classic, refined with our house-made Hollandaise Sauce, thick-cut Canadian Bacon, Poached Egg, & Arugula on an English Muffin. Served with Homefries or Mixed Fruit...\$10 ~ *Substitute English Muffin for Vegan, Gluten-Free, or Keto Bread...\$0.50 ~Substitute Egg for Sliced Avocado...free ~*

Gf K

### BACON PESTO BENEDICT

A twist with thick-cut Bacon, Pesto Sauce, Poached Egg, & Arugula on an English Muffin. Served with Homefries or Mixed Fruit...\$10 ~ *Substitute English Muffin for Vegan, Gluten-Free, or Keto Bread...\$0.50 ~ Add Hollandaise Sauce with the Pesto Sauce...\$0.50 ~*

Gf K

### CAPRESE BENEDICT

Take a beautiful medallion of Fresh Mozzarella, add Tomato, Basil, and top with our house-made Hollandaise Sauce. Served with Homefries or Mixed Fruit...\$11 ~ *Substitute English Muffin for Vegan, Gluten-Free, or Keto Bread...\$0.50 ~Substitute Hollandaise with Avocado Hollandaise...\$1 ~*

Gf K

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## PLENTIFUL PLATTERS

### ALMOST CLASSIC COMBO

Two Eggs cooked to order with Bacon, Sausage, or Canadian Bacon. Then pick two of the following items: Homefries, Pancakes (Dutch Babies default, or pick from any of our pancake styles), Mixed Fruit, or Toast (White, Honey Wheat, Gluten-Free, Keto)...\$12 ~ *Sub Toast with English Muffin...\$0.50 ~*

Gf ● Df

### CONTEMPORARY COMBO

Truffled Eggs with Fresh Prosciutto and a medley of Blistered Tomatoes, Spinach & Mushrooms. Then pick two of the following items: Homefries, Pancakes (Dutch Babies default, or pick from any of our pancake styles), Mixed Fruit, or Toast (White, Honey Wheat, Gluten-Free or Keto)...\$14 ~ *Sub Toast with English Muffin...\$0.50 ~*

Gf Df

### VEGAN COMBO

Beyond Meat Sausage Patty and Sliced Avocado. Then pick two of the following items: Homefries, two Vegan Pancakes, Mixed Fruit, or Toast (Vegan)...\$14

V Df

### STEAK & EGGS

A power breakfast with eggs your way and our aged Sirloin Steak. Then pick two of the following items: Homefries, Pancakes (Dutch Babies default, or pick from any of our pancake styles), Mixed Fruit, or Toast (White, Honey Wheat, Gluten-Free or Keto)...\$16 ~ *Sub Toast with English Muffin...\$0.50 ~*

Gf ● Df

## QUICHES

### UMAMI (VEGGIE) QUICHE

House-made rustic Quiche with Mushrooms, Red Peppers, Green Peppers, Mushrooms, Caramelized Onions, Spinach, Blistered Tomatoes & Cheddar. Served with a side of Homefries or Mixed Fruit...\$11

### CHEVRE QUICHE

House-made rustic Quiche crust with Goat Cheese (Chevre), Roasted Red Peppers, & Broccoli. Served with a side of Homefries or Mixed Fruit...\$11

### SMOKED GOUDA & HERB QUICHE

House-made rustic Quiche with Italian Herbs, Smoked Gouda, Red Peppers, Green Peppers, Onion, Mushrooms, & Cheddar. Served with a side of Homefries or Mixed Fruit...\$11

### HUNGER MOUNTAIN QUICHE

House-made rustic Quiche with Ham, Sausage, Bacon, Green & Red Peppers, Tomatoes, Onions, & Cheddar. Served with a side of Homefries or Mixed Fruit...\$11

### SPINACH & ARTICHOKE QUICHE

House-made rustic Quiche with Spinach, Artichoke, Onions, & Garlic. Served with a side of Homefries or Mixed Fruit...\$11

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## BETWEEN (OR ON TOP OF) BREAD

### SIMPLE AVOCADO TOAST

Two pieces of Toast with Mashed Avocado, Lemon, Sea Salt, & a dash of Smoked Paprika...\$8 ~ *Substitute White Toast for Honey Wheat, Vegan, Gluten-Free, or Keto Toast...\$1 ~*

GF ● DF

### EVERYTHING AVOCADO TOAST

Our Simple Avocado Toast, with Cream Cheese & Everything Bagel seasoning. Who needs bagels?...\$9 ~ *Substitute White Toast for Honey Wheat, Vegan, Gluten-Free, or Keto Toast...\$0.50...\$1 ~*

GF ●

### GARAM MASALA & EGG AVOCADO TOAST

Our Simple Avocado Toast, with Poached Egg & Garam Masala...\$9 ~ *Substitute White Toast for Honey Wheat, Vegan, Gluten-Free, or Keto Toast...\$0.50 ~*

GF ● DF

### BRUSCHETTA AVOCADO TOAST

Our Simple Avocado Toast, with blistered Cherry Tomatoes, Basil and a drizzle of Balsamic Vinegar...\$9.5 ~ *Substitute White Toast for Honey Wheat, Vegan, Gluten-Free, or Keto Toast...\$0.50 ~*

V GF ●

### A SUPERIOR EGG SANDWICH

An English Muffin with Egg, sliced Cheddar, Arugula, & House or Smoked Pepper Aioli...\$7 ~ *Substitute English Muffin for Gluten-Free or Keto Bread...\$0.5 ~ Overload it with Homefries (in it, trust us)...\$1 ~*

GF ●

### EGG & SAUSAGE / EGG & BACON SANDWICH

An English Muffin with Egg, Sausage or Bacon, sliced Cheddar, Arugula, & House or Smoked Pepper Aioli...\$8 ~ *Substitute English Muffin for Gluten-Free or Keto Bread...\$0.50 ~ Overload it with Homefries (in it, trust us)...\$1 ~*

V GF ●

### LOXXY

Smoked Salmon, Cream Cheese, Capers, Red Onions, Arugula on an English Muffin...\$12 ~ *Max it out with some Everything Bagel Seasoning...free ~ Substitute English Muffin for Gluten-Free or Keto Bread...\$1 ~*

GF ●

## SIDE HUSTLES

### DUTCH BABIES

Side of Dutch Babies, served with Maple Syrup...\$4

### VEGAN, KETO, OR GLUTEN-FREE PANCAKES

Two Pancakes, served with choice of Honey, Maple Syrup, or Monk Fruit Syrup...\$5

V GF ● DF

### EGG

One Egg any way you like it...\$1.5...Two Eggs...\$2.5

V GF ● DF

### MIXED FRUIT

Blueberries, Strawberries & Grapes...\$4  
~ *Swap Grapes for more Berries...free ~*

V GF ● DF

### ADD SOME MEAT!

Thick-Cut Bacon, Breakfast Sausage (Links or Patty), Chorizo, or Canadian Bacon...\$2.5

GF ● DF

### BEYOND MEAT

Beyond Meat Sausage Patty...\$3

V GF DF

### HOMEFRIES

A portion of our house-made Homefries...\$3

V GF

### AVOCADO

Half Avocado, sliced...\$2

V GF ● DF

### TOAST

One Slice with With Butter. White or Honey Wheat...\$1.5...Two Slices...\$2.5 ~ *Make it Gluten-Free, Vegan, or or Keto bread...\$1 ~ Add some delicious Jam...\$1 ~*

V GF ● DF

### ENGLISH MUFFIN

With Butter...\$2.5 ~ *Add some delicious Jam...\$1 ~*

### GREEK YOGURT

Served with some Honey on the side...\$3  
~ *Add blueberries...\$1 ~*

V GF ●

### MAPLE GRANOLA

House-made Maple Granola with Milk...\$4 ~ *Almond Milk or Oat Milk...\$1 ~*

V GF DF

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## GOLDEN MENU - FOR THOSE 60+

*Smaller Portions & Special Prices, still just as tasty!*

### DOUBLE CARAMELIZED FRENCH TOAST

\$5

### VEGAN, GLUTEN-FREE OR KETO PANCAKES

Two Pancakes...\$5

### CHEESE OMELETTE

Two-Egg Omelette with Cheddar & Homefries...\$5

### UMAMI OMELETTE

Two-Egg version of our Umami Omelette & Homefries...\$7

### AVOCADO TOAST

One slice of Toast with Mashed Avocado, Salt & Smoked Paprika...\$4.25

### DUTCH BABIES

Three Dutch Babies Pancakes with Maple Syrup...\$4.75

### BELGIAN PEARL SUGAR WAFFLE

\$5

### SMALLER CLASSIC COMBO

One Egg + Bacon / Sausage Link or Patty / Canadian Bacon, & your choice of Homefries or Mixed Fruit...\$7.5

### EGG BENEDICT

½ English Muffin with Canadian Bacon, Arugula, Poached Egg & Hollandaise Sauce. Served with Homefries...\$6

## DRINKS

### FRENCH PRESSED COFFEE

A cup of our French Pressed Coffee, House Blend or Decaf...\$2.5  
~ Swap Milk or Cream with Almond Milk or Oat Milk...\$50 ~

❖ ❑ ● ❒

### ICED COFFEE

Glass of Iced Coffee, brewed in-house..\$2.5 ~ Swap Milk or Cream with Almond Milk or Oat Milk...\$50~

❖ ❑ ● ❒

### ICED CHAI LATTE

Glass of Chai Latte, sweet and spicy..\$2.5 ~ Swap Milk with Almond Milk or Oat Milk...\$50~

❖ ❑

### ORANGE JUICE, GRAPEFRUIT JUICE, OR APPLE JUICE

..\$3

❖ ❑ ❒

### HOT TEA

A cup of loose leaf English Breakfast, Earl Gray, Green, White or Jasmine..\$2.5

❖ ❑ ● ❒

### ICED TEA

A cup of our Iced Tea (Black), brewed in-house..\$2.5

❖ ❑ ● ❒

### MILK & "MILK"

Skim Milk or Whole Milk..\$2.5...Almond Milk or Oat Milk...\$3

❑

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